

## 2009-2010 Program Descriptions and Grant Amounts

The agencies and programs listed below make up the \$3.2 million program funding United Way made in central Massachusetts this year. You will notice that each of the programs provide services in the one or more of the three basic components for a good life: education 🎓, health 🍎, and income 💰.

Focus Area:

**Supporting Positive Youth Development**

Total Investment in '09-10 **\$1,314,095**

### **Big Brothers Big Sisters of Central MA/Metro West**

- 'Bigs in the Worcester Area' **\$99,857** awarded in '09-10

Through participation in professionally-supported and developed mentoring relationships, 850 at-risk youth in the Worcester area develop critical competencies they need to become healthy, caring, and responsible adults. To reach the most children in need, these services are provided at local schools, at Boys & Girls Clubs, and in the community. 🎓

### **Boys & Girls Club of Worcester**

The Boys & Girls Club provides youth development programming and services to youth residing in or near three high-risk locations in Worcester. Each evidence-based program—designed with youth participation and feedback—provides increased academic performance, career development, healthy life skills, mentoring, and violence prevention.



The three locations of Boys & Girls Clubs are:

- Great Brook Valley **\$49,928** awarded in '09-10
- Main South **\$84,878** awarded in '09-10
- Plumley Village **\$29,957** awarded in '09-10

### **Boys & Girls Club of Worcester**

- Kids Klub **\$44,448** awarded in '09-10

The Boys & Girls Club of Worcester's Kids Klub program has a long history of providing safe, positive programming and services to the youth of Great Brook Valley. Starting at age 5, programming includes homework assistance, the arts, life skills, recreation and leadership development. 🎓 🍎 💰

### **The Bridge of Central Massachusetts, Inc.**

- Safe Homes **\$44,936** awarded in '09-10

The Safe Homes program will provide mental health services to school-age youth from a culturally diverse population of gay, lesbian, bisexual, transgender youth; their allies; and families, using an evidence-based practice model. Youth to be served are mostly from low-income families and are often at risk of homelessness. 🎓 🍎

### **The CASA Project**

- The CASA Court Volunteer **\$59,914** awarded in '09-10

The CASA Project recruits, trains, and supervises community volunteers to serve as *Guardians ad Litem* for children in the Worcester County Juvenile Court. Judges in the Juvenile Court appoint CASA volunteers to investigate the child's life circumstances and to advocate for the child's best interest, defined as 'a safe and permanent home,' as quickly as possible. 🍎

### **Children's Friend, Inc.**

- School Age Mother's Program **\$ 29,957** awarded in '09-10

School Age Mothers is a comprehensive program that provides health and parenting education, counseling services, case management, and child care for pregnant and parenting teenagers enrolled in the Worcester Public Schools. The goal is to provide needed supports so teen parents can graduate and become self-supporting citizens of their communities. 🎓🍎

- Ellsworth Child and Family Counseling Center **\$24,964** awarded in '09-10

The Ellsworth Child and Family Counseling Center at Children's Friend, Inc., is a leading licensed, accredited mental health clinic serving Central Massachusetts families since 1982. Staff work to meet the needs of families and the community, offering psychotherapy, medication management, psychological testing, training, and collaborations. 🍎

### **Community Healthlink, Inc. (CHL)**

- Youth and Family Mental Health Services **\$79,885** awarded in '09-10

CHL provides (1) school-based mental health treatment, consultation, crisis intervention, and training; (2) community-based, culturally appropriate services for African American, Latino, and Vietnamese children and youth; and (3) educational group services for parents. Program targets low-income youth and families in Worcester and UWCM towns. 🎓🍎

### **Dynamy, Inc.**

- Youth Academy **\$34,949** awarded in '09-10

Youth Academy is a four-year, after-school, college access and leadership program. The program serves promising low-income, high-school students from Worcester whose life circumstances put them at risk for not reaching their academic and career potential. This life changing opportunity supports and motivates our students to complete high-school and attend college. 🎓🍎💰

### **Family Health Center of Worcester, Inc.**

- Positive Directions! **\$86,875** awarded in '09-10

Positive Directions! program will provide highly collaborative, multi-agency, wraparound services for low-income, inner-city students transitioning to 9th grade at South High School, and at risk of dropping out because of mental and behavioral health needs, excessive absenteeism, and academic failure. 🎓🍎

### **Family Services of Central Massachusetts**

- Child and Family Counseling **\$55,919** awarded in '09-10

The Child and Family Counseling program provides quality mental health services to children, adolescents, and families most in need. Services include individual, group, and family counseling, as well as parent education and consultation. 🍎

### **Friendly House, Inc.**

- Friendly House Youth Development Program **\$74,893** awarded in '09-10

The Friendly House Youth Development Program helps low-income, diverse Worcester youth (ages 6-18) to develop to their full potential. After-school programs offer academic support, life skill training, and health and physical education activities.

Summer programs provide educational, social, and recreational activities, including swimming. 🎓🍎

### **Girls, Inc. of Worcester**

- Comprehensive Prevention Program **\$49,928** awarded in '09-10

Comprehensive Prevention Programs for Girls address the critical community issues of peer pressure, violence, and sexual health. Our nationally-tested programs provide girls with the tools, skills, and resources they need to make healthy choices; preparing them to lead successful, independent, and fulfilling lives. 🎓🍎💰

- Education and Skills Development Program **\$73,154** awarded in '09-10

The program promotes healthy development of girls and provides opportunities in leadership development; math, science, and technology; academic achievement; health and wellness; and economic independence. The program gives girls the skills needed to succeed in the world and lead independent productive lives. 🎓🍎💰

### **HOPE Coalition**

- HOPE Coalition Mental Health Model **\$73,894** awarded in '09-10

The HOPE Coalition/YouthNet Mental Health Model integrates mental health treatment, prevention, asset building, and staff training into youth-serving organizations in Worcester in order to increase access for low-income youth of color and reduce stigma associated with receiving mental health support. 🍎

### **Oak Hill Community Development Corporation, Inc.**

- Youth – All Stars **\$24,964** awarded in '09-10

Oak Hill CDC youth programs engage middle-school students using **All Stars** science-based curriculum to reduce drug use, violence, and premature sexual activity. 🎓🍎💰

### **Rainbow Child Development Center**

- Rainbow's School Age Program **\$14,979** awarded in '09-10

Rainbow's Program provides year-round, education, and therapeutic services to children ages 5-13 in four program settings: Belmont Community School, City View School, 10 Edward Street, and a summer camp located at Treasure Valley. The program will provide academic assistance, recreational activities, social/emotional guidance, and family support. 🎓🍎

### **Southeast Asian Coalition of Central Massachusetts**

- Youth Effect **\$44,939** awarded in '09-10

The Southeast Asian Center Youth Effect Program provides after-school youth leadership and youth development programming including academic and career development training, physical activities, and youth led cultural activities in the city of Worcester.



### **YMCA of Central Massachusetts**

- Lakeside After-School Program **\$29,957** awarded in '09-10

The Lakeside After-School program is an educational, social and recreational program engaging children in out-of-school time. Through homework support, cooperative activities, and wellness programming, children improve school performance and demonstrate positive behavior. Creative activities and group projects connect children with caring adults. 🎓🍎

- Spartacus **\$9,985** awarded in '09-10

The Spartacus program strives to reduce the number of repeat juvenile offenders, while building the necessary skills for young men and women to make positive healthy choices. Physical activity, life skills programming, and community service projects support participants in choosing a positive course in life. 🎓🍎

**Youth Opportunities Upheld, Inc.**

- Family Center **\$24,964** awarded in '09-10

Youth Opportunities Upheld (Y.O.U.), Inc. will transform its Mental Health Clinic into a Family Center by expanding services beyond medically necessary behavioral health counseling to include primary prevention programs that focus on a strength based rather than deficit model to both support and empower families to succeed. 🍎

- Latino Outreach Services **\$33,951** awarded in '09-10

Latino Outreach Services helps Latino children and families improve the quality of their lives at home, school, and in their communities. Therapy, evaluations, consultation, parenting groups, and psychiatric services are provided by bilingual and bicultural, licensed clinicians who understand the cultural, linguistic, economic, and psychological needs. 🍎

- Substance Abuse Services **\$31,638** awarded in '09-10

Y.O.U. Inc.'s Substance Abuse Outpatient Services provides a wide range of substance abuse treatment alternatives to adolescents and their families on an outpatient community level. Substance Abuse Outpatient Services has treatment options ranging from once weekly individual or group therapy to five day a week intensive group therapy. 🍎

- Youth Making a Difference **\$69,900** awarded in '09-10

The Youth Making A Difference After-School Program provides a combination of intense therapeutic and family interventions to allow at-risk youth to successfully remain in a community setting. The program's focus is to provide a structured, safe environment where youth can develop important life skills. 🎓🍎💰

**YWCA of Central Massachusetts, Inc.**

- Healthy Youth Development **\$30,482** awarded in '09-10

The YWCA provides programs for at-risk youth (ages 5-18) promoting physical health and wellness; positive relationships with adult role models; civic engagement, education and economic opportunities; and access to safe spaces equipping and enabling youth to become healthy, productive adults. 🎓🍎💰

Focus Area:	
<b>Ensuring Children's Readiness for School</b>	Total Investment in '09-10 <b>\$355,428</b>

**Centro Las Americas**

- Parenting Skill Building and Support **\$43,000** awarded for '09-10

Centro Las Americas' Parenting Skill Building and Support program is a program designed to enhance parents' ability to support their children's developmental needs, while contributing to their children's academic success. The program targets Latino families with children ages 0 through 5 living in the City of Worcester. 🎓🍎

### **Community Healthlink**

- Together for Kids **\$71,086** awarded for '09-10

Together For Kids (TFK), a broad-based community Coalition committed to promoting the social-emotional well-being and general health of young children and families in Central MA and throughout the Commonwealth. Through a comprehensive model of mental health promotion, prevention and intervention services, TFK assists parents and educators to understand and appropriately respond to challenging behavior in young children. 🎓🍎

- Together for Kids – Parenting Enrichment Program **\$20,857** awarded for '09-10

The Together For Kids Parenting Enrichment Program (TFK-PEP) will provide group family strengthening sessions for parents of preschool age children. Sessions will be offered in Worcester and southern Worcester County (Leicester, Millbury, Spencer and Oxford). 🎓🍎

### **Elm Park Center for Early Childhood Education**

- Elm Park Center for Early Childhood Education **\$18,200** awarded in '09-10

Elm Park Center has provided high quality early education and care for children and early childhood educational training for teachers since 1972. The program provides licensed care and education for 40 infants/toddlers daily at 284 Highland Street and 134 Burncoat Street, Worcester. Each program site is accredited by the National Association for the Education of Young Children. 🎓🍎

### **Guild of St. Agnes**

The Guild of St. Agnes provides children with a developmentally appropriate learning environment while offering working parent's full-day, year-round child care services in a safe setting. In addition to the curriculum, the program offers comprehensive services including transportation, meals and behavioral health services and/or referrals. The program is accredited by the National Association for the Education of Young Children and is licensed by the Massachusetts Department of Early Education and Care. 🎓🍎

- Infant/Toddler Program **\$15,400** awarded in '09-10
- Preschool Program **\$22,000** awarded in '09-10

### **M.S.P.C.C.**

- Parenting Education and Support **\$25,000** awarded in '09-10

For over 25 years, MSPCC'S Parent Education and Support (PES) program has been helping parents raise children ages 0-6 who are safe, healthy and ready to learn. Home visits provide opportunities to strengthen positive parenting skills by coaching effective parent child interaction; enhance the child's development by increasing parental understanding of milestones and activities, and reduce incidents of child abuse and neglect by improving the safety of the home environment. 🎓🍎

### **Rainbow Child Development Center**

- Rainbow Preschool **\$43,885** awarded in '09-10

Rainbow Child Development Center's licensed and nationally accredited Preschool Program serves 64 children, ages 2.9-6, in 4 classrooms. The program's curriculum is interactive and child-centered offering each child the chance to explore and learn in a supportive non-judgmental forum. Speech development therapy, play therapy, assessments and individual and group counseling are provided on site. The program is

accredited by the National Association for the Education of Young Children and is licensed by the Massachusetts Department of Early Education and Care. 🎓🍎

### **Webster Square Day Care Center, Inc.**

- Preschool Child Care **\$26,250** awarded in '09-10

Webster Square Day Care Center, Inc. is a comprehensive multi-service early education and care agency that provides a safe, affordable, high-quality learning environment for children 2.9 to 7 years of age. The program is accredited by the National Association for the Education of Young Children and is licensed by the Massachusetts Department of Early Education and Care. 🎓🍎

### **Worcester Comprehensive Child Care Services**

- Infant/Toddler **\$24,750** awarded in '09-10

Worcester Comprehensive Childcare Services, Inc (WCCCS) provides high quality early education and care to infants and toddlers in our center based programs. The agency uses the Creative Curriculum.net, an on-line curriculum based system that integrates ongoing assessment of children's development with reporting, program planning, and parent communication tools. The program is accredited by the National Association for the Education of Young Children and is licensed by the Massachusetts Department of Early Education and Care. 🎓🍎

### **YWCA of Central Massachusetts**

The YWCA of Central Massachusetts' Center for Early Education and Care provides accessible, affordable, high quality, full-day, and full-year child care for infants and toddlers (1 month to 2.9 years) that is nationally accredited. Through a developmentally appropriate curriculum that focuses on each child's individualized needs, the Center's educated and trained staff provide children with daily interactions and experiences that promote their social/emotional, physical, cognitive and language development. 🎓🍎

- Preschool Program **\$22,500** awarded in '09-10
- Infant/Toddler Program **\$22,500** awarded in '09-10

Focus Area:

**Helping People Most In Need**

Total Investment in '09-10 **\$1,256,235**

### **American Red Cross of Central Massachusetts**

- Disaster Services **\$189,717** awarded in '09-10

Guided by its mission to provide relief to victims of disasters and help people prevent, prepare for and respond to emergencies, the American Red Cross' goal is to stabilize people's lives by accelerating the recovery process following a disaster. The Disaster Services program improves the quality of life for those impacted by disasters by immediately addressing the basic needs of those individuals – food, clothing, shelter, and mental health counseling. 🍎🏠

- Workforce Development **\$45,171** awarded in '09-10

The American Red Cross offers its Workforce Development Healthcare Training Programs with the primary goal that unemployed and underemployed people have access to and obtain basic workplace skills necessary for gainful employment and hence become economically self sufficient.

The fundamental program training component is the Certified Nurse Assistant/ Home Health Aide (CNA/HHa) and additional healthcare training modules include Acute Care, Phlebotomy, Electrocardiogram Technician (EKG) and Medications Administration Procedures (MAP). 🎓💰

### **Catholic Charities of Worcester**

- Emergency Stabilization **\$64,142** awarded in '09-10

As a core service of Catholic Charities, our Emergency Stabilization Services program (formerly Homeless Prevention) helps people most in need at the point of crisis when they are desperate for help: preventing hunger, homelessness, destabilization, and despair. Food, clothing, financial and material assistance, temporary housing, medical items, and medicine are provided, as resources allow, and those in need are connected to community resources and support, to improve functioning, promote self-sufficiency, and foster hope. 🍎💰

### **Central Massachusetts Housing Alliance**

- Housing Counseling **\$52,127** awarded in '09-10

The Housing Counseling program provides an array of services that include counseling, education, and information regarding landlord/tenant rights and responsibilities. Homelessness prevention and residential stabilization services include case management, referrals to community services, and emergency payments for rental and utility arrearages. Housing Counselors work to equip clients with information and support to resolve their housing problem. CMHA also offers various community trainings on tenant's rights and responsibilities, with a similar training for landlords. 🎓💰

### **Community Healthlink**

- Homeless Outreach **\$76,791** awarded in '09-10

Community Healthlink, through its Homeless Outreach and Advocacy Project, provides case management and medical respite to homeless individuals in Greater Worcester. Besides finding housing, this service also connects people with medical, mental health and substance abuse services to address conditions that often contribute to homelessness. Medical respite provides homeless individuals who are convalescing from an illness with a safe place for patients to receive the care they need, such as proper nutrition, to prevent re-hospitalization. 🍎

### **Elder Services of Worcester Area**

- Elder Nutrition Services **\$74,711** awarded in '09-10

Elder Service of Worcester Area's Nutrition Program provides meals to help seniors 60 years and older maintain their health and independence in the community through proper nutrition. In addition to providing nutritious meals to seniors five days-per-week, the Meals on Wheels Program offers re-assurance to its participants and their families that someone is checking on their well-being. The Congregate Dining Program offers opportunities for socialization, recreation, and educational programming. 🍎

- Financial Services Program **\$14,906** awarded in '09-10

Elder Services of Worcester Money Management Program provides financial stability and freedom from financial exploitation for elders living in Worcester and the surrounding towns through two components, Bill Payer and Representative Payee. The two goals of the program are financial stability and keeping an elder in their own home as long as possible. 💰

### **Family Health Center of Worcester**

- Homeless Families Program **\$62,421** awarded in '09-10

The Family Health Center's nationally recognized Homeless Families Program (HFP) improves the health and well-being of homeless parents and their children and stabilizes families by addressing their medical, dental, and mental health needs through an integrated model of services delivery in the non-stigmatizing context of the primary health care setting and the trusted physician-patient relationship. The HFP not only supports families through the homeless episode, but continues to provide services when families transition to permanent housing. 🍎

### **Family Services of Central Massachusetts**

- Home Care **\$3,343** awarded in '09-10

Family Services Home Care Program provides assistance and services, which include meal preparation, personal care, grocery shopping, medication pick-up, laundry, and routine housekeeping for elders with physical, mental, and emotional problems. Home Care services allow them to remain in their homes with dignity and independence. 🍎

### **Great Brook Valley Health Center**

- Social Services **\$113,830** awarded in '09-10

The Great Brook Valley Health Center Social Services program assesses and addresses needs of disadvantaged and at-risk health center clients for food, shelter, personal safety, health care, legal assistance, mental health, and behavioral health services. The program provides an array of services including new services as needs arise, i.e., client advocacy; educating clients about their rights; assisting with forms and applications for benefits and services; scheduling health care services; arranging for interpreters when needed; and providing referrals. 🍎

### **Jewish Family Service of Worcester**

- Elder Services **\$49,688** awarded in '09-10

Guardianship is the epitome of a social "safety net." JFS is appointed guardian by the Probate Court for elders who are adjudicated as not competent to make decisions. JFS has the legal mandate to act in the ward's best interest, and ensure his/her safety. These elders are unable to advocate for themselves, nor manage their finances to pay for basic needs. A guardian is necessary for the elder to receive medical treatment and other services.



### **Legal Assistance Corporation of Central Massachusetts**

- Families & Children's Legal Advocacy Project **\$99,376** awarded in '09-10

The Families and Children's Legal Advocacy Project is a comprehensive prevention program designed to safeguard the legal rights of people most in need so that they maintain stability. It provides legal representation to families in obtaining income, food, shelter, and health care. It safeguards domestic violence victims' legal rights to protection and safety in custody, visitation, and financial matters. It also trains social service agency staff to spot legal issues for their vulnerable consumers. 🎓 🍎 💰

### **Massachusetts Veteran's, Inc.**

- Employment & Training **\$22,585** awarded in '09-10

The Massachusetts Veterans Inc. (MVI) Employment & Training Program is designed to help reintegrate veterans into the labor force by providing direct specialized employment and training services to unemployed or underemployed veterans with significant barriers to employment. Veterans receive vocational assessment, job counseling, pre-employment services, training, job development, and comprehensive job placement. Training and Employment Services are essential tools to help homeless veterans become self-sufficient and to prevent unemployed and underemployed veterans from becoming homeless. 🎓💰

### **Pernet Family Health Services**

- Emergency Assistance **\$43,364** awarded in '09-10

Pernet Family Health Service helps stabilize clients of its food pantry by offering a Case Manager to coordinate the Emergency Services program. Through case management, clients will receive a three-day supply of nutritious food or infant supplies. In addition, the case manager will assess their current situation, refer to appropriate programs within and outside Pernet, and follow up with progress toward the goals of improved health and well-being and economic self sufficiency. 🍎💰

### **South Middlesex Opportunity Council, Inc.**

- Worcester PIP Shelter **\$63,239** awarded in '09-10

As the shelter of last resort within Worcester, the PIP shelter houses guests who have no other viable access to shelter. As the entry point for the episodic and chronic homeless, basic needs such as housing, activities of daily living, and prepared meals are provided. The provision of these basic survival services allow our guests an opportunity to seek a successful return to independent living within the community. 🍎

### **Southeast Asian Coalition**

- English, Second Language Program **\$36,588** awarded in '09-10

To provide English as a Second Language classes on site for adult members of the Southeast Asian (Vietnamese, Cambodian, Laotian, and Chinese) community who have limited fluency in English, and as a result are having difficulty moving out of the poverty cycle. Two classes per week, 2 hours each class, on three levels: Pre-beginner, Beginner, and Intermediate. The Program Staff will be SABES trained and culturally competent.



### **The Community Builders**

- Plumley Village Collaborative **\$20,959** awarded in '09-10

The Plumley Village Collaborative is an eviction prevention program directed at keeping families who currently live in affordable housing stable in their housing, thus preventing homelessness. The program combines the eviction prevention services provided to adults by The Community Builders, and the Life Skills activities provided to teens by Community Health Link Youth and Family Services. Due to the shortage of affordable housing in Worcester, families currently living in affordable housing often face homelessness if they lose their housing. 🎓💰

### **VNA Care Network**

- Free and Subsidized Health Care for the Uninsured/Underinsured **\$2,779**

The VNA Care Network provides high-quality home health and hospice care by nurses; rehabilitation therapists (physical, occupational, and speech); medical and social workers; home care aides; and registered dieticians to those in need of this assistance in the central

Massachusetts region. These services are provided regardless of medical insurance or ability to pay. 🎓🍎

### **Worcester Community Action Council, Inc.**

- Project Excel **\$49,688** awarded in '09-10

Project Excel is a comprehensive educational and employment program for individuals who have not completed high school. Lack of basic educational skills often results in poverty, homelessness, and debilitating personal self-esteem. Project Excel helps 40 individuals achieve self-sufficiency and productive lives. These goals are accomplished by the enhancement of reading, writing, and mathematical skills through General Educational Development (GED) Test preparation. The academic program is supplemented by pre-employment skills, computer training, and job placement assistance.



### **YWCA of Central Massachusetts**

- Career Assistance Center **\$40,909** awarded in '09-10

The YWCA's Career Assistance Center (CAC) provides career development services for teens and adults who are seeking employment for the first time, contemplating a career change, or wanting to advance their career, to become increasingly independent and self-sufficient. The Career Center also provides career exploration programs for school-age youth. 🎓💰

- Daybreak **\$36,137** awarded in '09-10

The YWCA Central Massachusetts' Daybreak program provides a continuum of services ranging from emergency shelter to community-based services (24-hour hotline, court advocacy, safety planning, support groups, counseling, outreach, and education) that restore well-being and/or safety to the lives of individuals who have been impacted by domestic violence. 🎓🍎

- Transitional Housing Program **\$75,764** awarded in '09-10

The YWCA's Transitional Housing Program (THP) provides single adult women (18 years and older), who are homeless or at risk of homelessness, with safe, affordable dormitory-style housing with comprehensive support services for up to two years.



Strategic Initiative		
<b>Women's Initiative</b>	Total Investment in '09-10	<b>\$180,356</b>

### **Boys & Girls Club of Worcester**

- SMART Girls Program **\$35,500** awarded in '09-10

The Boys & Girls Club of Worcester engages girls between the ages of 10-14 in SMART Girls PLUS programming throughout the year. The program includes a nationally-developed curriculum to promote healthy attitudes and lifestyles by addressing gender-specific health and social issues, as well as recreational, cultural arts, and skill-building opportunities. 🎓🍎

### **Clark University**

- All Kinds of Girls **\$15,000** awarded in '09-10

All Kinds of Girls is a free program for Worcester girls aged 9-12 run by female Clark University undergraduates who serve as mentors. The program builds the self-esteem and self-confidence of the girls, discusses issues that impact their lives (body image, violence, etc.), and provides a safe space for girls to express themselves. 🎓🍎

### **Latino Education Institute at Worcester State College**

- Latina Achievers in Search of Success **\$27,374** awarded in '09-10

LASOS (Latina Achievers in Search of Success) engages Latina mothers and daughters in an educational program that focuses on academic achievement, violence prevention, creative expression, self-esteem, leadership development, career exploration, healthy lifestyles, and conflict resolution. 🎓💰

### **The Community Builders – Plumley Village**

- Girls Empowerment Program **\$13,000** awarded in '09-10

The Plumley Village Girls Empowerment Program is for girls aged twelve to fifteen focused on improving girls' self-esteem and academic success. The program is a strength-based, girl driven model where the girls participate in health, education and community-based activities. 🎓🍎💰

### **Worcester Polytechnic Institute**

- Camp Reach **\$24,482** awarded in '09-10

Camp Reach is a program that increases self-confidence, an important aspect of violence prevention. Camp Reach helps middle-school girls develop self-esteem and self-confidence in math and science, realize the importance of taking four years of both math and science in high school, and discover the excitement and rewards of technological fields and careers. 🎓💰

### **YWCA of Central Massachusetts**

- Girls CHOICE **\$20,000** awarded in '09-10

The Girls C.H.O.I.C.E. (Girls Choosing Hope, Opportunities and Independence through Careers and Education) is a mentoring program that matches strong female role models with at-risk middle-school girls with the goal of preparing them for an economically secure future. 🎓💰

### **YWCA of Central Massachusetts**

- Girls Promoting Safety **\$45,000** awarded in '09-10

Girls Promoting Safety (GPS) is a strength-based violence prevention education program that uses evidence-based curriculum to teach middle school girls the resiliency skills and traits needed to avoid becoming victims of violence and engaging in risky behaviors.

